

## Community Resilience Briefing – 11 April 2023

Dear Community Resilience Group/Community Council/Colleagues,

Welcome to The Highland Council's fortnightly briefing for groups with an interest in local community resilience.

### **Covid, Colds, and Flu related information**

- [Scottish Government - Covid, Colds, and Flu](#)
- [NHS Inform Covid data](#)
- [NHS Highland local vaccination information](#) – this includes information on the winter Coronavirus (COVID-19) and Flu vaccination programme which is now underway.

### **Funding**

**SCVO** is a key source of funding information for the third sector. Funds that may be of interest include:

- **UK Government - Community Ownership Fund**  
Provides support funding the purchase/renovation costs of community assets and amenities which will provide long term benefits to communities. Expressions of Interest can be submitted at any time, next bidding window closes 14 April 2023.
- **NatureScot - The Facility for Investment Ready Nature in Scotland**  
Supports projects that use private investment and market-based mechanisms to finance the restoration of Scotland's Nature. Deadline for Expression of Interest 17 April 2023.
- **Volant Charitable Trust**  
Supports organisations addressing poverty and deprivation, with an emphasis on women and young people. Next deadline 25 April 2023.

### **Welfare, poverty reduction and resilience**

- **Emergency Alerts** – Attached to this email is a document containing further information on the new Emergency Alert Service. This will allow people to be contacted via their mobile phone if their lives are at risk in an emergency.
- **Highland Memory Space – Part of the Scottish Government and Greenspace Scotland's 'Remembering Together' Project**  
Communities from across Highland are invited to take part in [Highland Memory Space](#).

By exploring the five senses, you can join us in creating a way for the people of the Highlands to collectively remember, reflect on, heal from, and mark the pandemic. What could that be? A memorial? A picnic? A songbook? An app? A walking trail? That's for you to take part in deciding, if you want to, and we want to hear from you.

To find out more and try out some of the many fun activities

visit <https://www.highlandmemory.space/> or email [hmspace@lytharts.org.uk](mailto:hmspace@lytharts.org.uk) to get involved.

- **[Alcohol Overprovision Survey 2023](#)** – This short survey created by the NHS is designed to collect views about alcohol provision within the Highland Council area. Survey close date 21 April 2023.
- **[Cost of living support](#)** – Highland Council webpages on support and information to help with the cost of living.
- **[Help during the cost-of-living crisis](#)** – Scottish Government advice and information.

### **Mental Health and Wellbeing**

- **[NHS Highland Mental Wellbeing](#)** – a collection of resources and signposts to help people of all ages to look after their own mental wellbeing. Register for the event by following the link.
- **[Cost of living crisis and your mental health](#)**  
Many people are feeling the strain as the cost of living continues to increase. This [resource](#) provides information on how you can maintain your mental wellbeing at this time, alongside information on how to manage your money as bills rise.

### **Emergency Planning**

- Met Office Weather Warnings - <https://www.metoffice.gov.uk/weather/warnings-and-advice/uk-warnings#?date=2022-11-04>
- Met Office Weather Ready <https://www.metoffice.gov.uk/weather/warnings-and-advice/weatherready>
- **[Scottish Flood Forecasting](#)** – Provides up to date information on when and where flooding is expected to occur over a three-day period.
- Floodline Scotland <https://floodlinescotland.org.uk/>
- **[Ready Scotland – preparing for emergencies](#)** <https://ready.scot/>